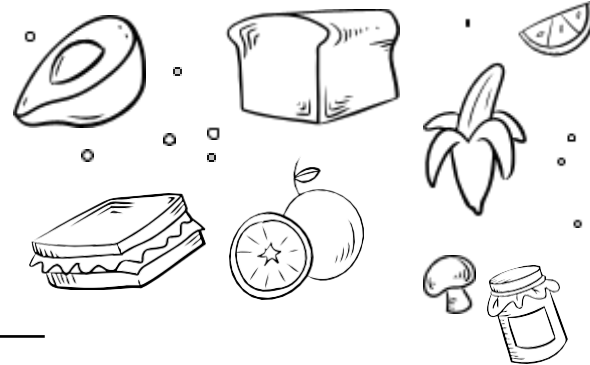


Menu Template



Name of Provider / HAF Club: Clubs Complete_____

Name of Catering Services if not on site_____



	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MONDAY				
Main Meal	Scrambled egg on toast	Jacket potato - cheese	Build your own pasta - tomato sauce, cheese, tuna, ham	Spaghetti on toast
Alternative Options				
Vegetables Served	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks
Dessert / Pudding	Oranges and apples	Oranges and apples	Oranges and apples	Oranges and apples
Drinks	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water

TUESDAY				
Main Meal	Build your own wraps - ham/cheese/tuna	French bread pizza	Scrambled egg on toast	Macaroni cheese
Alternative Options				
Vegetables Served	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks
Dessert / Pudding	Oranges and apples	Oranges and apples	Oranges and apples	Oranges and apples
Drinks	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water

WEDNESDAY				
Main Meal	Jacket potato - cheese & beans	Pasta with tomato sauce/ mushroom sauce	Pasta carbonara	Build your own wraps - ham/cheese/tuna
Alternative Options				
Vegetables Served	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks
Dessert / Pudding	Oranges and apples	Oranges and apples	Oranges and apples	Oranges and apples
Drinks	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water

THURSDAY				
Main Meal	Spaghetti on toast	Vegan burritos	Jacket potato - cheese & beans	French bread pizza
Alternative Options				
Vegetables Served	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks
Dessert / Pudding	Oranges and apples	Oranges and apples	Oranges and apples	Oranges and apples
Drinks	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water

FRIDAY				
Main Meal	Macaroni cheese	Pasta carbonara	Vegan burritos	Jacket potato - cheese
Alternative Options				
Vegetables Served	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks	Carrot and cucumber sticks
Dessert / Pudding	Oranges and apples	Oranges and apples	Oranges and apples	Oranges and apples
Drinks	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water	Blackcurrant/Orange squash or water